

Tree of Hope

Transforming the health of sick and disabled children

JUNE 2022 newsletter

Inside this issue

NoTube success stories!

Walk With Olive

Aid for Adam





Tel: 01892 535525 ww.treeofhope.org.uk



Summer is now upon us, and all thoughts turn to holding events outside again to take advantage of the better weather and the joy of meeting together in the sunshine!

Whilst the need for funds to support Ukraine remain with us and the realities of the rising cost of living hitting many hard, we are finding that families are still able to fundraise effectively. Do not feel alone when worrying about asking for money, call us for help and support and ideas to help find funds from many different sources. We can share what others are doing successfully, help you think about asking corporates for support or see if there are other funders who may be able to help you.

Many challenge events are held during these summer months too so consider asking your supporters to sign up for a run, a bike ride or a triathlon or any similar events that their friends and family might consider sponsoring them for. The more it is a challenge for them personally the more people will often support them. Go on ask around!

As always if you need our help and support or know a child who would benefit from fundraising with us, please do contact us and we will do the very best we can to help. Do follow us on social media and like and share our content- this helps many more people to become aware of our vital work supporting the NHS to deliver the best healthcare it can to children and young people across the UK.

Please do contact us with any thoughts or comments on this issue at Info@treeofhope.org.uk we would love to hear from you.



in this issue

Hello! Welcome! We've joined Disable the Label!

Energy Saving Tips Our top tips to keep the energy costs down

Walk With Olive! Olive's journey to independence

Rett UK We have partnered with Rett UK!

Tree of Hope's Summer Fair Find out about our Summer Fair at Tonbridge Castle

Aid for Adam Helping Adam live his best life

Fundraising News Updates and News

NoTube stories Two amazing families' NoTube journey

The Great Summer Picnic Join us for The Great Summer Picnic this Summer

Supporting Tree of Hope How you can help

How We Help Disabilities and conditions we support



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www.linkedin.com/company/tree-of-hope



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Tree of Hope, 61-63 Camden Road, Tunbridge Wells, Kent, TN1 2QE

Telephone (Head Office): 01892 535525 Email (General enquiries): info@treeofhope.org.uk Marketing Email: marketing@treeofhope.org.uk

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HELLO



We can hardly believe that we are already half way through the year. It feels like just yesterday that we began celebrating our 30th anniversary year, but fundraising events to help us

Great Summer Picnic, Charity

Golf Day and the annual Dragon It's been a busy few months for Boat Races, all within the next few months! If you're local to Kent, please do pop along to

to have expanded our team in the form of Katie, our new Family Support Officer based in the North! We're delighted to have Katie on board and are so

the team, but as always, we're equipment or therapies.

If you ever need our help, please do reach out!

Steph, Editor

WELCOME, KATIE!

Katie, based in Manchester joined us back in March as a new Family Support Officer! It is with huge thanks to funding from The Rooney Foundation that Katie was able to join the team. and it's incredible for us to be able to expand our support services in the North!

Katie wanted to introduce herself to you: "I'm Katie, the new Remote Family Support Officer based in Manchester! I currently live with my two dogs; Nala and her little sister, Luna. As you can imagine, these two take up most of my spare time!

I joined Tree of Hope in March as I was looking for a rewarding role working with families. I am passionate about helping and supporting people and I'm looking forward to meeting some more of our families.

My time at Tree of Hope has been amazing so far and I'm excited about reaching new families in the North who need our help and support"!



DISABLE THE LABEL



We have recently partnered with a brand new app, Disable The Label - an app for parents by parents, founded by Ceri Winfield, an experienced rehabilitation therapist.

Disable The Label's mission is to empower, support and inform parents of disabled children as they navigate the various stages of their child's life.

The app contains useful information on funding, equipment, Q&A's,

support forums and amazing and insightful podcasts for parents. The information included covers tips from how to have an easier holiday, where you can purchase equipment, and written guides to navigate through their child's life.

It is free for parents and available to download on the Apple App Store and Google Play Store for Android Users. Download the app for extra support, advice and information!





Energy Saving Tips

Rising energy prices, the increase in the cost of fuel and higher daily living expenses is a constant worry for many, but for those with sick or disabled children, who rely on the support of electrically powered medical equipment, the worry intensifies. Read on to find out practical ways that you can reduce your monthly

Since the beginning of April, we've heard from a number of families who have really struggled with the increased strain on their monthly budgets due to the significant cost of living increase. Families have told us how they have been forced to make impossible decisions which have had a significant impact on their child's wellbeing. Of course, those with sick and disabled children, who already have a higher cost of living, have been placed under more financial pressure due to the price hikes.

We have heard from families who need advice and support in reducing costs, as well as those looking to claim back for more expenses for their child's medical treatment, that they ordinarily would have paid for independently.

For those with a child who requires electrically powered ventilation or feeding pumps, for children who require a hoist or a wheelchair to assist them throughout the house, or for parents who need to regulate the temperature within the home, the use of energy is essential to their child's life, and therefore their energy usage is completely non-negotiable, despite the huge increase in their costs.

It is because of this that we wanted to offer some practical advice to help families save as much money as they possibly can, without making any significant cuts to their child's care. Whilst these changes may seem modest against the scale of the energy hike, they are certainly worth taking a look at, as cumulatively, they could save you a noticeable amount of money over the next few months.

There is also help out there for families and individuals living in extreme hardship with exceptional or multiple vulnerabilities who are struggling with their gas and/ or electricity debts. Before applying to these trusts, it is recommended that you seek money/debt advice, to increase your chance of a successful application

Keep an eye on your bills. If your bill is based on estimate readings, check your bill against your meter and if the readings are different, ask your supplier for an amended bill

Turn your thermostat down by just 1°C this can cut your fuel bills by up to 10%, saving around £70 a year

Use draft excluders and draft proofing tape around windows, doors, letter boxes and keyholes. This can save you around £50 a year

Water meters let you pay for your water in advance. Take a look at Citizens Advice to read more about water meters and see if a water meter could benefit you

When cooking food, keep a lid on the pan. Use just enough water to cover the food, or use a steamer.

Washing at 30°C uses 40% less electricity than higher temperatures!

Contact families@treeofhope.org.uk for more advice or information

Who? British Gas Energy Trust

Who can apply? Those living in extreme hardship who are struggling with gas/electricity debts

How can I apply? Apply online here

www.britishgasenergytrust.org.uk or contact their helpline 0121 348 7797

Who? EDF Energy Trust

Who can apply? Current domestic account holders of EDF Energy of those who are struggling to clear domestic gas/ electricity debts & those who need to purchase essential energy efficient household items

How can I apply? Apply online here

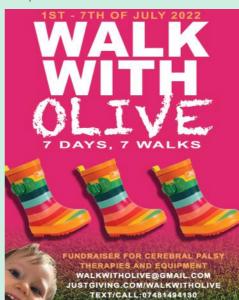
www.edfenergytrust.org.uk or call their helpline on 01733 421 060. Please note you will need to provide supporting documentation with your application.



Walk With Olive

Navigating the early stages of motherhood combined with learning an entirely new medical vocabulary can be extremely overwhelming, but we're inspired by how our parents and their children take on each challenge with a determined mindset and an action plan to help their child thrive. This is exactly what mum Kayleigh has done after 16-month old Olive was diagnosed with Cerebral Palsy. Read on to find out more!

Little Olive is 16-months old and lives with her mum, Kayleigh and her beloved pets! According to Kayleigh, Olive is "a very happy and talkative little girl who has a very strong personality!". She "loves to try and join in when she can, and she loves engaging with people", especially when she's getting lots of cuddles! One of her favourite things to do is going for nice walks amongst the trees and listening to the birds!" Olive has faced many challenges in her life, with the first few moments after



her birth being some of the scariest. Kayleigh explained that "she needed resuscitation and had an HIE event" which occurs when the brain doesn't receive the correct oxygen or blood flow for a period of time.

"It was known from really early on that something wasn't totally right".

Olive began to have seizures and after subsequent investigations, it was discovered that extensive brain trauma had occurred. Kayleigh noted that "at 6 months it became apparent that she had spasticity" and was diagnosed with Cerebral Palsy.

Olive's diagnosis means that "at the moment, she is unable to roll, sit and stand independently. She can't feed herself as she has no hand to mouth coordination" and so she needs assistance in a lot of aspects of her life. Although "her motor skills don't really facilitate" her determination to be independent, it doesn't stop her trying her absolute hardest, and every day she gets a little bit stronger and her smile a little bigger!

Kayleigh explained that she joined Tree of Hope, as "we are wanting to put the raised money towards a variety of therapies including physio and speech and language therapy to help reinforce her skills that she's struggling to develop".

Kayleigh explained, "I want to help her to become more independent. It's about seeing what she's capable of - she's still so young. I want to help her enjoy things as much as she can and to support her doing those things!".

To help the family raise their £20,000 target, Kayleigh is in the process of planning her 'Walk With Olive' fundraising event, taking part from 1st-7th July. Having been

inspired by the endurance walks that she used to do, Kayleigh explained, "I want to take Olive with me in her carrier and go on a different walk for 7 days. We go for a walk very often anyway, and it's something that we both love doing together, so hopefully July is a good month, and isn't a complete wash out!".

To help raise awareness of the fundraiser, Kayleigh told us "I've made posters and got in touch with people to see if they would sponsor and support us. My mum is going to come with us for some of the walks, but I'm planning for it to mainly be just me and Olive."

Offering advice to other families who find themselves in a similar situation, Kayleigh said "you have to be tenacious. It's difficult to get things going and moving along, but you just have to keep going. It really doesn't matter how slow it is because every little helps, but you just have to keep going"

You can make a donation here!



See Olive's journey here: www.treeofhope.org.uk/ walk-with-olive/

Or check her progress on Instagram



@walk.with.olive



At Tree of Hope, we aim to support as many families as we possibly can, not only with their fundraising missions, but with specialist advice and care from partner organisations who are expertly trained and well versed with particular conditions. We recently spoke with Robert Adamek from Rett UK who help to support those with Rett syndrome, alongside their families or primary carer. Read on to find out more!

Rett syndrome is a rare neurological disorder which affects brain development and can cause profound physical disabilities and communication difficulties, meaning that most children with Rett syndrome are reliant on others for support with a lot of aspects of their lives. It is estimated that 1 in 10,000 girls are diagnosed with Rett syndrome, with the condition disproportionately affecting girls and rarely affecting boys.

Tree of Hope are delighted to have recently partnered with Rett UK, an organisation "providing support to families and people with Rett syndrome, whether that be at the point of diagnosis or later on", as explained by Robert Adamek, CEO of Rett UK.

Rett syndrome can be difficult to detect in the early stages and would normally be discovered when "the parent notices that their child isn't developing at the same rate as neurotypical children". Parents may notice that their child is "abnormally floppy, they may be learning slowly or not communicating how they would expect" which can lead to questions regarding their child's development. Misdiagnoses are also common for those with Rett syndrome as the symptoms often mirror those of children with development delays.

In these early days, Robert tells us that "one of the biggest things we can do to help, is to offer people the chance to be armed with knowledge when going to see the GP" to ensure that their child receives a correct diagnosis and the correct care for them. Rett UK offer

many informative resources that families get used to their new communication can access including webinars, access to local support groups, and a helpline which is open 7 days a week. Families can contact Rett UK for support via the phone or email to ask any questions that they may have regarding their child's condition. Robert tells us that the "staff are super dedicated to offering the help needed, and the more knowledge we can give, parents can walk away informed and empowered."

Informing parents on active ways to help their child is vital in "giving people the best chance of living their best life" and is the reason why Rett UK have a loan scheme to enable children to trial life-changing equipment for 6-months, so that parents can decide if it's the device for them. One of the devices that Rett UK loan is an eve gaze communication device, which provides people with Rett syndrome the opportunity to communicate with their eyes behaving like the computer mouse.

This equipment is extremely expensive and so the loan scheme gives the child enough time to practise their skills,

device and ensure that it is the best communication device for them. Robert explains that alongside the communication device, "there's always more we can do to help those living with Rett" and things like "hydrotherapy is great for joint relaxation, whilst sound therapies are something that children respond well to" to help stimulate development and gain skills.

This is where Tree of Hope can step in to help - we can help families set up a dedicated fundraiser for their child and help them along every step of their fundraising journey, to ensure that life-changing equipment and therapies are attainable for the child and their families.

Whilst the financial climate has proven to be challenging over the last few years, Robert was determined that "we won't let the economy issues in the UK or across the world beat us or get us down. We haven't before and we won't again. The future for us is bright!"

Looking for advice and support? Please take a look here: https://www.rettuk.org/contact/

Need to fundraise for an eye gaze communication device or attend therapy sessions to help your child's development? We can help you set up a fundraising campaign!

Call us on 01892 535525 or email families@treeofhope.org.uk for more information!



SUMMER FAIR!

Saturday 25th June 12 noon to 4pm

TONBRIDGE CASTLE LAWN



WHAT'S TO DO & SEE?

Stalls from local businesses | Music **Games** | Children's Entertainment Food & Drink | Raffles And much more...!



If you are a stall holder and wish to enquire about booking a space, please contact Karen.Warner@treeofhope.org.uk





Aid For Adam!

Every parent wants the very best for their child and will go to any length to ensure that they receive the support that they need, and this is no different for parents Max and Janet, though the support that little Adam needs may be a little more than other children. Adam was diagnosed with Lissencephaly, a rare neurological condition and will need occupational and conductive therapy sessions to increase his strength and improve his mobility. Read on to find out more about their plans to reach their fundraising goal, so that Adam can live his best life.

Seven-month-old Adam is an incredibly sociable, happy baby who has been described by his occupational therapist as a social butterfly! He thrives on meeting new people and puts a smile on everyone's face.

After a textbook pregnancy it came as a complete shock when Adam was diagnosed with lissencephaly, a rare neurological condition affecting just 1 in 100,000 children. Also known as "smooth brain", this condition is not usually diagnosed until later, but was picked up in Adam's case just days after birth as a result of some

checks being carried out due to an unrelated infection picked up after birth. Adam's parents Max and Janet said "We had worried about a lot of different things during the pregnancy such as Covid but disability was something that had never crossed our minds. It was very hard to come to grips with at the start, and it took time for us to even be able to read about the condition. However, we were lucky that it was diagnosed so early, which meant that we could try not to think about typical development but do everything we can to help



him progress and experience joy in his everyday life. We consider ourselves very lucky to have him."

Adam's parents are determined to ensure he has every possible opportunity to maximise his development. Adam's condition will present the family with many challenges, many of which will become more apparent as he grows. Dad Max explained that "At the beginning he was like any other baby but as he grows, the differences between him and a neurotypical baby



are becoming more apparent. For example, he loves looking at faces but doesn't really engage with objects. One of the scariest aspects of his diagnosis, is the fact that his do everything we can general health is likely to suffer and we have been told to expect that he will be poorly on a regular basis with chest infections and epileptic seizures. Every child with the condition is different, but the more he

can do and the stronger he is, the

better his health is likely to be."

The family decided to work with Tree of Hope to raise funds for Adam to attend occupational and conductive therapy sessions at CPotential to strengthen his body and improve his mobility. Based in London, CPotential offers a range of holistic integrated therapies and support for children and young people with movement disorders for a wide range of conditions, from cerebral palsy to global developmental delay. Although he has only just started these

sessions "Adam seems to be enjoying them a great deal". Adam doesn't move as much as a regular baby and needs to be encouraged. One of the aspects of the sessions that Max and Janet really appreciate is the fact that Adam feels as though he's playing while his body is working really hard.

The family also want to be prepared for any special equipment he may need in the future which the NHS may not be able to provide, such as a Safespace bed and a walker. One item that is needed urgently is a specialist chair for Adam to sit in so they can try to introduce him to solid food.

Mum Janet explained "Tree of Hope's support has been really helpful as without them we wouldn't really have known where to start.

We have given money to charity in the past but have never been in a position where we have

had to fundraise
for ourselves
before. When
we came across
the charity we
really liked
what we saw
and highly
recommend it to
other parents".

Janet also had this advice for other parents needing to fundraise for their children – "Be clear in what you are



trying to raise money for and don't be afraid to talk to other parents in a similar situation. We have found Facebook and social media to be a good way of finding people to talk to and have picked up lots of different tips and advice from there".

Adam's fundraising got off to a great start and the family are now looking at new avenues to explore. His uncle is a keen musician so keep your eyes open for a possible concert or two in the future, as well as some Adam related merchandise!

We're so proud to be supporting Adam and his family and wish them all the very best in reaching their target of £6,000!

You can make a donation here!



See Adam's fundraising campaign at: https://www.treeofhope.org.uk/aid-for-adam/





Fundraising News



Thank you!

We have had some very busy fundraisers over the last few months – thank you to everyone who has supported us – here are a few highlights!

Carl and Neil - who took part in a 24 hour indoor cycle – cycling 5 miles every hour, on the hour! They did an amazing job and have currently raised over **£640!**

Brenchley Choral Society - for their donation of £355 from their concert held in April! We are so grateful for the members and all of their supporters for their generosity.

Doctor Beard Gaming - raised **£105** by hosting an online gaming platform – we love the diversity of our fundraisers, which enables us to reach so many different people. Thank you for introducing us to something new!

Inspired by their challenges? Want to know what you can do to help? Get in touch with us!

You can contact karen.warner@treeofhope.org.uk for ideas!





Congratulations to our Challenge Eventers!

Challenge events have been more popular than ever this year, here are just a few highlights so far. If you are interested in taking part in a challenge event, please do get in touch – we would love to know what you are looking for and how we can work with you!

Team Tritans!

Our Head of Finance & IT, Dave, and a group of his friends took on the Tonbridge Triathlon on Monday 2nd May in aid of Tree of Hope! We're delighted that Dave finished in 2 hours and 2 minutes. Well done Dave and your wonderful friends, we're so proud! Team Tritans raised over £2600 AMAZING! These guys are already set to do it all over again next year! Wow!

Ride London

Our Trustee Sean and his friends Steve and John, took part in Ride London on the 29th May. They finished with times of 06:49:02, 06:58:37 and 06:19:29! Congratulations to them all, what an amazing effort! They have also raised an incredible £3,000 between the three of them! If you would like to take part in Ride London in 2023, please get in touch – we will have some more places available next year.

Ultra Challenge, Brighton-London Walk

Sarah and her friends from Hope Pub, took part in the Ultra Challenge, London to Brighton on the 28th May – this is a huge challenge, walking 100km. These awesome challengers finished with an epic time of 28 hours, having raised over £6000 for Tree of Hope. We are so grateful for your hard work and dedication, and to your supporters – such amazing work!!!

If you like the sound of this and want to follow in Sarah and her friends footsteps, check out the Ultra Challenge website – Tree of Hope is a registered charity. We would love to have more of you walking for us!







Golf Day at Royal Ashdown Golf Course

On the 27th May we hosted our first Golf Day of the year at Royal Ashdown Golf Course in Sussex. 10 teams joined us for the fun, on what is a stunning course in the middle of Ashdown Forest. Thank you to our Golf Day sponsors CCLA Investments, Pure Nails, Kids Therapy Works and Abbott Construction for your support, it means so much to us.

Congratulations to the Winning Team – Hope Church Tonbridge, our Individual Winner – Josh Llewellyn and our Longest Drive Winner - Josh Llewellyn and our Nearest the Pin Winner – Malcolm Harris. Let's see if you can keep you crowns for our Golf Day at Hever Castle Golf Club on the 7th September

Our Golf Days are so well supported, and our golfers as always are generous, and we are delighted to say we raised over £3000

If you like the sound of all of this – we would love to see you at Hever in September – to book your place please contact Karen.Warner@treeofhope.org.uk to find out more



Save the Dates!

Summer Fair at Tonbridge Castle

Saturday 25th June 12noon – 4pm At Tonbridge Castle FREE ENTRY

Find out more here: https://www.treeofhope.org.uk/event/summer-fair/

The Great Summer Picnic

Sunday 7th August 2pm - 6pm Tonbridge School

Tickets are available to purchase via our website here: https://www.treeofhope.org.uk/event/great-summer-picnic/

Golf Day at Hever Castle Golf Club

Wednesday 7th September At Hever Castle Golf Club For information contact Karen.Warner@treeofhope.org.uk

Carol Concert at Tonbridge School Chapel

Wednesday 21st December
4pm – 7pm
At Tonbridge School
More details will be on our website after the Summer!









Notube Success Story for Robin and Elara!

Based in Graz, Austria, notube is a well-established non-profit organisation offering treatment and therapy for children and adolescents who have difficulty with eating, feeding and eating behaviours, something that Tree of Hope have helped many families with. Read on to find out about how we work with notube to help children through both their online and in person tailored programmes.

Notube is a fantastic organisation offering hope to families with children who have difficulties with eating. Alongside their in-person treatments, Notube also run an online therapy course via a secure online portal with each programme individually tailored to each child's needs, allowing the child to receive treatment in familiar surroundings at home without interrupting their daily routine.

Children can start the treatment at any time, and the duration of the programme is flexible to allow as much time as they need to enable their transition to oral eating.

A great benefit of NoTube's Netcoaching online service is that the treatment

Robin loving his food

costs are significantly lower than for in-patients and also means families

don't have the added pressure of paying for travel and accommodation expenses.

We've caught up with two of our families who have benefitted hugely from NoTube's support! Robin (11 months old) and Elara (three years old) are both happy, cheeky children whose families came to Tree of Hope in early 2022 to attend Notube's Netcoaching programme to remove their dependence on their feeding tubes.

Robin was born prematurely and weighed just 830g and spent the first 10 weeks of his life in hospital along with his twin brother Oscar. When the brothers were finally home, Oscar picked up bottle feeding quite quickly but Robin struggled to get the hang of it and clung to his tube. Mum Jana explained to us that despite fantastic support in other areas, the NHS struggled to provide the

time and resources needed to

wean Robin off his tube and so they turned to notube for help.

He now enjoys playing and experimenting with food and loves toast, cream cheese and bananas!

Jana told us "We felt quite alone, no-one was giving us guidance and we didn't know where to turn. We did a lot of reading on Facebook to see what other

families had done in this situation and it was clear that Robin was suffering from psychological tube dependency. Because he was tube fed he didn't know what hunger was and was also throwing up a lot due to being overfed."

One of the first things notube did were to reduce Robin's tube feeds by 50% over the first few days of his treatment. This resulted in him stopping vomiting as frequently and he started to show more of an interest in food. The notube paediatric team were in contact every day to monitor Robin's weight and any food that was taken in as well as his wee and poo output.

Jana explained that they also encouraged them to introduce a variety of foods with no pressure

on him to eat it or any interaction while he was exploring it. Play with food was also highly encouraged and Jana quickly resigned herself to the prospect of lots of cleaning up after mealtimes!

Quite unexpectedly Robin's twin Oscar accidentally pulled out Robin's feeding tube three weeks after the programme began and so the family decided to give it a go without it. Despite some worries about possible dehydration, Robin has thrived and has regained the weight he lost through weaning. Jana explained "He now enjoys playing and experimenting with food and loves toast, cream cheese and bananas!"

Jana's advice to anyone who might be experiencing similar issues is that it would definitely be worth considering notube. Jana explained "Being in touch with our paediatrican on a daily basis meant we knew what we were doing was safe for him. They really know what they are doing and the level of support they offered made us very confident."

Jana went onto explain how their fundraising with Tree of Hope really helped them. "We were overwhelmed by the support we received from our family and friends and was good to work with a charity to achieve our aims".

The success doesn't stop there! We also worked with Elara's family to assist

notube

her with her feeding.

Elara

Elara was born prematurely after just 25 weeks gestation. As well as extreme prematurity, Elara was diagnosed with a bleed on the brain, chronic lung and lesions so also sadly spent a lot of time in her first year in hospital. Once home, Elara became exhausted by the effort required to feed orally and was also losing weight so her feeding tube was reinstated to support feeding.

We caught up with Mum Cheryl who told us "the feeding tube has been bitter sweet. Without it Elara would never have survived but she had to spend two heartbreaking hours a day on the pump."

She thinks Cheryl went on to cheese is the best say "Elara was at that wonderful age where thing ever, with she wanted to play, run and explore, she learned to hate the pram, hate the pump, hate the whole experience. As a mum it is heart-wrenching to strap your child down and force them to eat. To see Elara eat with her family around

the table and have a normal childhood would be the best gift our family could ever receive."

close second!

Due to Elara's dependency on her tube feeding, her family were facing the prospect of surgery to fit a permanent tube into her stomach but before committing

to this option, they decided to work with notube to see if they could wean her off the tube first.

Chervl explained that the support they received from notube was nothing short of amazing. "It was a simple process and were given so much support. The team

seemed to be on hand to answer any questions 24/7. Elara has now been off the tube for 30 days now and loves eating tomato pasta with cheese. She thinks cheese is the best thing ever, with yoghurt coming a close second!"

Ewa Kerschischnik from notube commented "It is awesome to help these tubefed children and their parents in getting rid of the feeding tube after such a long journey. Parents are always telling us we are changing their lives with our work."

Ewa explained how she came across Tree of Hope to assist families with funding, "I stumbled across

> Tree of Hope by chance a few years ago and am thrilled at how uncomplicated, fast and effectively the parents are helped. I would like to have this great support for families in other countries as well. Thank you Tree of Hope!"



If your child is experiencing difficulties with feeding and eating, please get in touch with families@treeofhope.org. uk or call us on 01892 535525



Support Tree of Hope

Tree of Hope offers hope to seriously ill and disabled children living in the UK and their families by helping them to raise funds for vital operations that the NHS can't provide, therapies and treatments needed for rehabilitation and improvement, and specialist disability equipment and/ or adaptations to a family home.

We need your support to make a difference!

You can help to improve the lives of children with complex disabilities and illnesses by making a regular donation or a one-off gift to Tree of Hope.

Your gift will enable Tree of Hope to:

- · continue providing the legitimacy of belonging to a well-respected charity to hundreds of families, enabling them to access funds for their child that would not be possible otherwise
- offer online giving platforms for fundraising, making the fundraising journey far more simple for the family than it could be
- provide advice and guidance on the best ways of fundraising, and giving support throughout a family's fundraising campaign, including dealing with invoices and suppliers, and sharing news of other families in similar positions, reducing the stress for families in very difficult situations
- You can donate by cheque which needs to be made payable to 'Tree of Hope'. Cheques can be posted to our address: Tree of Hope, 61-63 Camden Road, Tunbridge Wells, Kent, **TN1 20E**
- You can donate by paying directly into our bank account, details below:

Tree of Hope Metro Bank Account Number: 21862665 Sort Code: 23-05-80 Payment Reference: TOHGDonation

- You can set up a standing order from your own bank account for a monthly donation using the above bank details
- You can donate online via www.treeofhope.org.uk using the Donate to Tree of Hope button. We use a platform called Go Cardless which pay us via direct debit. DD are used for either a monthly or one-off donations.
- To donate by text, text 'TOHDONATE' to 70085 with the number of how much you would like to donate between 1-20. The cost of a standard rate message plus the amount donated will be debited. All donations can be gift aided.
- You can set up a donation or a fundraiser via Facebook, please visit facebook.com/treeofhope. childrenscharity for details and set up.
- You can now donate by shopping on Amazon, Easyfundraising and selecting Tree of Hope on the list of available charities, this is a great way to support, just remember to click Tree of Hope every time you shop.

Remember to Gift Aid where applicable to add 25% to your donation at no extra cost. Please contact accounts receivable @tree of hope.org.uk to obtain a gift aid declaration form.

giftaid it



How we help...













Tree of Hope helps children and young people with a disability or illness by supporting their families to raise the funds that they need to pay for specialist care that is not available through the health care system.

Our staff team support Tree of Hope families by:

- Assisting with the creation of a Tree of Hope online fundraising campaign via Just Giving
- Making fundraising tools and advice available to parents
- Ensuring staff are available on the telephone
- Enabling each campaign to claim gift aid because it is part of registered charity Tree of Hope
- Putting families in touch with other families in similar situations for moral support
- Giving greater exposure to campaigns nationally through being associated with a well recognised charity brand
- Support with managing funds and paving invoices

and paying invoices

Who We Help...

- Children under the age of 18, with access to funds up to their 25th birthday
- Children anywhere within the UK
- A child suffering from a disability, illness or autism

Medical Conditions we have helped families with (not an exhaustive list)

Cerebral Palsy
Retts Syndrome
Downs syndrome
Global Developmental Delay
Hypermobility
Congenital Hypotonia
Epilepsy
Visual Impairments
Meningitis complications
Lebers Congenital Amaurosis
Dravet Syndrome
Hypoxic Ischemic Encephalopathy Injury
Dystonia

What you can fundraise for

Equipment including but not limited to trikes, hydrotherapy pools, specialist pushchairs & sensory equipment

Therapy, including; physiotherapy, horse riding & swimming lessons

Operations and treatment inside and outside of the UK

House Adaptations including sensory gardens and bathroom adaptions

Please remember to include all your fundraising needs at the start of your campaign. Speak to our Family Support Team on 01892 535525 for advice.

